



















GIRLS CONFERENCE

Students were randomly placed into one of four groups and will rotate together throughout the day. Badges are color coded to denote assigned group.

STUDENT WORKSHOP SCHEDULE

TIME	Slay All Day	Girls on Fire	Curious Minds	HERstory
9:00-10:00	Registration Check-in (Girls, Parents, Speakers, Exhibitors and Partners)			
9:00-9:50	Enjoy Continental Breakfast. Visit the Body Systems Mission STEM Mobile Lab, Exhibitors and Photobooth. Meet and take pictures with Miss DC Teen USA, Miss DC USA, Sister of the Skies, MCP5 School Board Members and Montgomery County Councilmembers.			
10:00-10:30	Opening and Keynote Session, Auditorium			
10:30-10:40	Transition to Workshops		Transition to Workshops	
10:40-11:20	 STEM Mobile Lab- Bball Court Forensics- Room 2052 & BCAUSEICHAT- Room 2062	 Financial Jeopardy- Room 3032	 Mental Health- Room 1032 Self-Defense- Room 1052	 S.N.A.C.K- Room 2032
11:20-11:30	Transition to Workshops and Break		Transition to Workshops and Break	
11:30-12:10	 Financial Jeopardy- Room 3032	 Mental Health- Room 1032 Self-Defense- Room 1052	 S.N.A.C.K- Room 2032	 STEM Mobile Lab- Bball Court Forensics- Room 2052 & BCAUSEICHAT- Room 2062
12:10-12:20	Transition to Lunch		Transition to Lunch	
12:20-1:00	Enjoy Lunch. Visit the Body Systems Mission STEM Mobile Lab, Exhibitors and Photobooth. Meet and take pictures with Miss DC Teen USA and Miss DC USA.			
1:00-1:40	Human Trafficking, Auditorium			
1:40-1:50	Transition to Workshops		Transition to Workshops	
1:50-2:30	 Mental Health- Room 1032 Self-Defense- Room 1052	 S.N.A.C.K- Room 2032	 STEM Mobile Lab- Bball Court Forensics- Room 2052 & BCAUSEICHAT- Room 2062	 Financial Jeopardy- Room 3032
2:30-2:40	Transition to Workshops and Break		Transition to Workshops and Break	
2:40-3:10	 S.N.A.C.K- Room 2032	 STEM Mobile Lab- Bball Court Forensics- Room 2052 & BCAUSEICHAT- Room 2062	 Financial Jeopardy- Room 3032	 Mental Health- Room 1032 Self-Defense- Room 1052
3:10-3:15	Transition to Auditorium for Closing Session		Transition to Auditorium for Closing Session	
3:15-3:30	Closing Session, Auditorium			





GIRLS CONFERENCE

Parents will rotate together throughout the day in one group. Parent badges are color coded blue.

PARENT WORKSHOP SCHEDULE

TIME	All Parents
9:00-10:00	Registration Check-in (Girls, Parents, Speakers, Exhibitors and Partners)
9:00-9:50	Enjoy Continental Breakfast. Visit the Body Systems Mission STEM Mobile Lab, Exhibitors and Photobooth. Meet and take pictures with Miss DC Teen USA, Miss DC USA, Sister of the Skies, MCPS School Board Members and Montgomery County Councilmembers.
10:00-10:30	<i>Opening and Keynote Session, Auditorium</i>
10:30-10:40	<i>Parents Transition to Workshops in Building IV</i>
10:40-11:00	USG Exhibitors
11:00- 11:30	ACES & Other Pathways to USG, Room G201
11:30-12:00	Scholarships at USG, Room G201
12:00-12:15	Visit USG Exhibitors and Transition back to Building II for Lunch
12:20-1:00	Enjoy Lunch. Visit the Body Systems Mission STEM Mobile Lab, Exhibitors and Photobooth. Meet and take pictures with Miss DC Teen USA and Miss DC USA.
1:00- 1:40	<i>Human Trafficking, Auditorium</i>
1:40-1:50	Transition to Workshop
1:50-2:30	Scholarships 101 & Financial Aid Basics, Auditorium
2:30-3:10	Mental Health Matters, Auditorium
3:10-3:15	Break and Transition to Closing
3:15-3:30	<i>Closing Session, Auditorium</i>

Parents will transition to Building IV after the Opening Session and will return to Building II for Lunch.





2023 Got The Power Girls Conference



Workshop Title	Workshop Description
ACES & Other Pathways to USG	Achieving Collegiate Excellence and Success (ACES) is a collaborative effort between Montgomery College, Montgomery County Public Schools, and the Universities at Shady Grove to support students and provide a seamless path to a bachelor's degree. The ACES student support program provides academic coaches to targeted high school students in ten Montgomery County Public High Schools; at all three Montgomery College campus locations; and at the Universities at Shady Grove. The coaches provide both academic and student support, using a case management approach. ACES coaches identify and neutralize barriers to student success that may prevent a student from degree completion.
BCAUSEICHAT	An introduction to Artificial Intelligence and the interactive AI Chatbot - ChatGPT. The students will challenge ChatGPT for accurate responses to some general questions.
Body Systems Mission Mobile Lab	The Body Systems Mission challenges your team through an immersive adventure using computational thinking and the practices of science and engineering to crack a series of puzzles to restore lost data in an abandoned Drop Anywhere Lab. From the moment you step inside this custom-built 22-foot shipping container, you will experiment with augmented reality, game-based learning, and touchscreen walls, building critical thinking, collaboration, and problem-solving skills. Through progressive gameplay, you must work as a team to analyze and interpret data while learning about interacting body systems through the lens of diabetes. Each 30-minute mission session accommodates up to 12 participants.
EMPOWERMENT Through Self-Defense	Establishing boundaries and protecting yourself. Learn the importance of physical fitness along with some key self-defense techniques.
Financial Jeopardy	Through an interactive jeopardy-like game, learn tips on the importance of effective money management.
Forensics: An Investigative Analysis of Blood Spatter & Fingerprinting	Blood Spatter and Fingerprinting analysis are two of the most commonly used methods of gathering evidence at a crime scene. An investigator experienced in the analysis of blood spatter can use physical observation as well as mathematical measurement in order to help solve the crime. Everyone is born with fingerprints yet no two people have the same. It is this distinction that makes them such a valuable analytical tool in crime investigations and general identification processes for forensic scientists and crime detectives. In this interactive and engaging hands-on workshop students will learn how to identify different types of fingerprints and their distinguishing characteristics. They will also examine various aspects of blood spatter by analyzing the effect of the height from which the blood falls and the appearance of blood as it impacts a surface at varying angles.
Human Trafficking	Human trafficking is the criminal exploitation for profit of women and girls, and men and boys for commercial sex and forced labor. Traffickers use force, fraud, and coercion to entrap their victims and compel them to work in exploitative conditions for the traffickers' enrichment. Human trafficking occurs all around the world, including in the United States. Victims can be women, men, and transgender individuals; adults and youth; Americans and foreign nationals. We will share key insights on how to protect yourself.
Mental Health Matters	During this session, we will identify signs and symptoms associated with anxiety, depression and suicide. We will also discuss coping mechanisms and support services.
Scholarships at USG	Explore scholarship opportunities exclusive to students at USG.
Scholarships 101 & Financial Aid Basics	This session will focus on understanding the basics for scholarships and financial aid. Come prepared with specific questions.
Something New and Calorie Kool (SNACK)	Snacks are essential to a complete meal plan. They can be easy, quick and delicious. Let's talk about determining what snack options will help you make better choices. We'll also create a snack to sample.